Dear Parents,

The Parent Teacher Association (PTA) of OBS is a very important and helpful organisation in the life of the school. It is there to support the school, its pupils and its parents and we are very thankful for its contribution to the school in so many ways. Each year the PTA organizes its major fundraiser, the international dinner that follows Speech Day and last year it was the most successful in the school´s history. All the proceeds that the PTA raises through its fundraising are returned to the pupils through its donations and its support of various initiatives. Each year they have supported IB students through sponsorship of a mentoring programme and the students have been delighted with this support in preparation for top UK universities. At the last PTA meeting the committee agreed to fund a new mobile public address system for use at school events and this will indeed enhance such events immeasurably. Other events include coffee mornings, support for the school musicals, the Christmas Tree Lighting Event and many other incidental costs. We plan to put more details on our website to ensure the PTA is more visible to the school community and I wish them all continued success with their work for the school community.

After the half term break we will begin the first consultative meetings with the nominated representatives of the Parents Forum. Starting in Early Years we will hold meetings with representatives at all levels of the school. We publish the list of reps in today´s bulletin and we will email parents the contact details of their representative directly. Please note that the Parents Forum is not designed for addressing personal or individual concerns but rather it is there to give a voice to parents and to inform the school of suggestions, proposals and concerns that may arise.

As mentioned over recent weeks OBS welcomes a team of Council of International School (CIS) visitors to the school in mid March for the team visit as part of the school´s re-accreditation process.

The team has already received extensive documentation from the school and this was prepared by various working parties in the school and I thank all those who devoted many hours to this process. Last weekend Dr Jones and I attended a CIS Accreditation workshop at St Julian´s in Lisbon. The workshop leader presented plans for enhancing the accreditation process and it was a real pleasure to meet educators from around the world who came to be updated on developments. As always when we have visitors coming we want to look our best and present the school at its best so we will be working with pupils and staff to ensure that the visit is as positive an experience as possible. It also allows us to reflect on the school´s mission and philosophy and to ensure that we are delivery this mission in all that we do. On the second page I include our mission, vision ethos and guiding statements to remind you of what the school sees as important and these will also come up at the Parent Forum Meetings.

I wish you all an excellent Carnaval break and my thanks to Mr. Evans, all the primary staff and to the primary pupils for bringing the festive spirit to OBS today through their costumes, music and dances. I am looking forward to the talent show this afternoon and details will be included in the first bulletin after the half term.

Tom McGrath, Headmaster
School Vision
Oporto British School is committed to achieving excellence for all

School Mission Statement
As the oldest British School in Continental Europe, Oporto British School is committed to providing a high quality international education for its pupils

School Ethos
To Strive for Success and To Serve

School Guiding Statements
All students at OBS will:

- aim for the best possible level of academic achievement according to individual ability.
- work independently and collaboratively.
- take responsibility for their own actions and make informed choices.
- become aware of their responsibilities as kind and thoughtful individuals, mindful of the needs of others, in order to become valued and caring members of the school, local and global communities.
- acquire knowledge, skills and attitudes relevant to the changing world in which they live.
- make a positive contribution as citizens of the wider world, guided by the United Nations Universal Declaration of Human Rights.

WHOLE SCHOOL NOTICES

MEDICAL NOTICE
We like to inform you that this week we have received 16 reports of the following symptoms:

Tummy aches, nausea and excruciating headaches. Please note, there has also been one reported case of pneumonia.

Lidia Ferreira, First Aider

VISITORS TO THE SCHOOL
All visitors on site between 9:30-3:00 must sign the visitor’s book in the Front Office and wear a visitor’s badge while on campus. Thank you for your co-operation in this.
PRIMARY PARENT FORUM REPS

<table>
<thead>
<tr>
<th>class</th>
<th>parent</th>
<th>child</th>
<th>email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep L</td>
<td>NO PARENT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prep B</td>
<td>Manuel Falção</td>
<td>Manuel Falcão</td>
<td><a href="mailto:falcao.manuel@gmail.com">falcao.manuel@gmail.com</a></td>
</tr>
<tr>
<td>Rec P</td>
<td>Rita Velez</td>
<td>Miguel Velez</td>
<td><a href="mailto:rita.velez@icloud.com">rita.velez@icloud.com</a></td>
</tr>
<tr>
<td>Rec B</td>
<td>Sarah Doelby</td>
<td>Lauren Doelby</td>
<td><a href="mailto:sarah_barrow@hotmail.com">sarah_barrow@hotmail.com</a></td>
</tr>
<tr>
<td>Lions</td>
<td>Marta Coelho,</td>
<td>Margarida Pinto Ribeiro’s</td>
<td><a href="mailto:mipintocoelho@gmail.com">mipintocoelho@gmail.com</a></td>
</tr>
<tr>
<td>Tigers</td>
<td>NO PARENT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2B</td>
<td>Cristina Lavrador</td>
<td>Matilide Silva</td>
<td><a href="mailto:CNL@LIVE.com.pt">CNL@LIVE.com.pt</a></td>
</tr>
<tr>
<td>3H</td>
<td>Monica duarta da Mota</td>
<td>Luis Mota Duarte</td>
<td><a href="mailto:monica.duartedamota@gmail.com">monica.duartedamota@gmail.com</a></td>
</tr>
<tr>
<td>3C</td>
<td>Sandra Trindade</td>
<td>Luisa Baldaia</td>
<td><a href="mailto:sandratindade@hotmail.com">sandratindade@hotmail.com</a></td>
</tr>
<tr>
<td>4R</td>
<td>NO PARENT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4P</td>
<td>Margarida Saraiva</td>
<td>Guilherme Lopes</td>
<td><a href="mailto:margarida.saraiva@ibmc.up.pt">margarida.saraiva@ibmc.up.pt</a></td>
</tr>
<tr>
<td>5B</td>
<td>Cris Silva</td>
<td>Lara Machado</td>
<td><a href="mailto:cristina.silva@ibedistra.pt">cristina.silva@ibedistra.pt</a></td>
</tr>
<tr>
<td>5L</td>
<td>Natercia Fortuna</td>
<td>Filipa Pipiras</td>
<td><a href="mailto:natercia.fortuna@gmail.com">natercia.fortuna@gmail.com</a></td>
</tr>
</tbody>
</table>

NB: Secondary Reps to follow after half-term.

F4-F12 EXTRA FOOTBALL CLUB

The school is pleased to announce that Professor Fernando Soares will offer a football club every Tuesday afternoon from 5.10-6.10pm starting from Tuesday 16th February.

Since the second half term is quite short there will be a charge of €35 for the half term paid directly to the school. The club is open to boys Form 4 upwards. For following months the charge will be €30 per month. Please sign up directly with Mr Soares: Fernando.Soares@obs.edu.pt

PRIMARY NOTICES

This term has truly ended on a wonderful high for all pupils. Our Carnaval celebrations this morning were packed with colour, creativity, and charisma. It was great to see so many of our school community come along to support the pupils, watch their dancing and then cheer them along their parade.

Our talent show, again proved to be another success. We definitely have many talented and dedicated pupils in the Primary section. Thank you again to all of the parents that came along to support this event.

The next half term will prove to be another busy 5 weeks. Please watch out for information on the next Parent Evening coming to your email inbox in a few weeks.

On behalf of all of the Primary staff, we wish you a part restful and part energetic Carnaval break from school.

Mark Evans, Head of Primary
PRIMARY PASTORAL WEEKLY REPORT

For the week ending 29th January the house point totals were: Windsor 835, Lancaster 985 and Bragança 1001. The individual class winners are listed below. A display with this information can be found in the primary corridor.

<table>
<thead>
<tr>
<th>Class</th>
<th>Pupil</th>
<th>House</th>
</tr>
</thead>
<tbody>
<tr>
<td>LIONS</td>
<td>Nicolau Silva Ribeiro</td>
<td>Lancaster</td>
</tr>
<tr>
<td>TIGERS</td>
<td>Inês Gil Mata</td>
<td>Lancaster</td>
</tr>
<tr>
<td></td>
<td>Sofia Fernandes</td>
<td>Lancaster</td>
</tr>
<tr>
<td>2B</td>
<td>David Machado</td>
<td>Bragança</td>
</tr>
<tr>
<td></td>
<td>Filipe Huang</td>
<td>Bragança</td>
</tr>
<tr>
<td>3C</td>
<td>Angel Rodriguez Callejero</td>
<td>Lancaster</td>
</tr>
<tr>
<td>3H</td>
<td>Matilde Cardoso</td>
<td>Lancaster</td>
</tr>
<tr>
<td>4P</td>
<td>Beatriz Pinho</td>
<td>Lancaster</td>
</tr>
<tr>
<td>4R</td>
<td>Frederica Furtado Guimarães</td>
<td>Windsor</td>
</tr>
<tr>
<td>5L</td>
<td>Pedro Costa</td>
<td>Windsor</td>
</tr>
<tr>
<td>5B</td>
<td>Devansh Kanabar</td>
<td>Windsor</td>
</tr>
<tr>
<td></td>
<td>Miguel Castro</td>
<td>Lancaster</td>
</tr>
</tbody>
</table>

CLASSDOJO

In September Mr. Padden asked if he could trial a new system for recording house points. He presented it to the Primary Section team at a staff meeting and many teachers agreed to try it out. Most teachers and classes are now using it to record their weekly house points and to communicate with parents. Mr. Padden is now the ClassDojo mentor for the OBS ClassDojo community.

ClassDojo is a behaviour management tool for the classroom. Each student has a profile - complete with their own avatar - to which teachers can assign positive and negative points (or 'dojos') throughout the lesson. The programme can be operated by a teacher from their computer or tablet, and each time they award a point an (optional) sound plays to alert the class.

This information is then recorded on students' profiles so that it can be reviewed throughout the year. Parents also have logins so that they can view their child's achievements from home.

The strengths of this system are numerous: teachers can personalise the positive and negative behaviours, organise their class into groups (tables, houses etc.), share their class with colleges as well as post photographs and information on the 'class story' feature and communicate via the messages service.

Jonathan Bridges, Primary Pastoral Coordinator

PRIMARY PE LESSONS

The house championships in Archery, Bowls and Pentanque for form 4 have been completed with Bragança winning comfortably, Windsor in 2nd and Lancaster 3rd. Once the form 5 championships are complete I will be able to announce the overall primary target champions.

<table>
<thead>
<tr>
<th>Petanque and bowls</th>
<th></th>
<th>L</th>
<th>W</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wins (10)</td>
<td>20</td>
<td>0</td>
<td>10</td>
</tr>
<tr>
<td>Points</td>
<td>56</td>
<td>0</td>
<td>17</td>
</tr>
<tr>
<td>Champs</td>
<td>25.3</td>
<td>0.0</td>
<td>9.0</td>
</tr>
<tr>
<td>Archery</td>
<td>10.6</td>
<td>6.8</td>
<td>12.8</td>
</tr>
<tr>
<td>Overall</td>
<td>36.0</td>
<td>6.8</td>
<td>21.8</td>
</tr>
</tbody>
</table>
PRIMARY COMPETITIONS

OBS left the Benjamin’s festival at CLIP last week with a hugely creditable 3rd place in both the girls basketball and boys football with the girls also claiming the fairplay trophy.

The school places great emphasis on being competitive whilst maintaining honesty and sportsmanship independent of the result. Both teams showed this resilience and dealt with results and decisions that did not necessarily go in their favour. Thanks goes to Mr Bridges, Mr Crowhurst, Ms Lee and Ms Costello for preparing and organising the teams so well.

PRIMARY DATES FOR THE DIARY

- 9th March - Book Fair
- 14-18th March - CIS visit
- 15th & 16th March - Primary Parents Evenings

SECONDARY NOTICES

FORM 6-8 STARS OF THE WEEK

Evelina Quintas 6D
For outstanding reading all term

Miguel Chen 6D
For outstanding performance in his end of topic test on Algebra and the Straight Line (97%)
POTENTIAL PLUS - F6-F8 PUPILS
A letter regarding Potential Plus went out to parents of pupils in F6-F8 this week. For an opportunity to raise any queries you may have and/or to hear a short presentation & chat with other parents, I wish to invite parents to a coffee morning on Tuesday 23rd February 2016 at 9:00am in the Primary Learning Support Room (opposite the Primary Library).

Mark Crowhurst, Head of Learning Support

SECONDARY PE LESSONS
Secondary football skills challenges are nearing completion and we start the next phase of skill development in the curriculum. The focus is on meeting certain standards for 30m sprint, shot put, high jump and long jump. The standards related to each form can be seen on the attached. These also show the English Schools Sports Association elite standards for comparison and to enable us to identify and target talent when we see it. Pupil attainment will be calculated according to the Personal Bests they achieve during lessons.

The curriculum is planned in combination with extra-curricular sports clubs and competitions to enable the development of the pupil as an athlete. The development model we are using as OBS is based on that of the New Zealand Sports Science Institute below.

PE Lessons Perform the skill
PE Lessons Perform the skill very well
Games Perform the skill very well, and at speed
Games Perform the skill very well, at speed and under fatigue
Clubs Perform the skill very well, at speed, under fatigue and under pressure
Clubs Perform the skill very well, at speed, under fatigue and under pressure, consistently
Competitions Perform the skill very well, at speed, under fatigue and pressure and consistently in competition conditions

SECONDARY EXTRA CURRICULAR SPORTS CLUB KIT
Members of the boys’ football clubs will have the chance to own a new kit as part of their membership. The cost will be €35 and will include Nike socks, shorts and shirt as seen in the photo. This is a new offer from our UK supplier Newitts.com.

In order to secure this kit, parents are asked to complete the short questionnaire that will be emailed to them this week so that we can order and have them printed in time for the upcoming competitions. The link will be emailed to all members of Monday Night Club with Mr Oliveira and myself and the Tuesday Night Club with Mr Soares. Could you please ensure you complete this by Sunday February 14th 2016 please?
I will also be sending details of the Monday & Tuesday Night Club basketball kits on offer this year in a bulletin update shortly.

SECONDARY COMPETITIONS

On Monday March 7, all Secondary pupils will be taken to the annual Athletics Championships at Leça de Palmeira Sports complex (Rua da bataria) which, this year, will also incorporate a parallel house basketball tournament inside for boys and girls in 2 age categories. All Secondary pupils will be expected to take part in athletics or basketball or assist in the running of the events. The provisional schedule is as below and we hope you can come and support the athletes during the day. Exactly who is in the basketball teams and who will compete in each event for the houses will be decided during a house meeting at school before the event.

E-SAFETY: EXPLORING THE ETHICS AND THE EMOTIONS ASSOCIATED WITH MOBILE TECHNOLOGY USE

Tuesday 9th February is ‘Safer Internet Day’. This day aims to help promote the safe, responsible and positive use of digital technology for children and young people. Globally, Safer Internet Day is celebrated in over a hundred countries, with the support of the European Commission, and national Safer Internet Centres across Europe.

Technology and social media have fantastic advantages for learning. It is one key area we are seeking to develop at OBS. However, there are risks involved in the use of technology especially through the internet. One of the main risks is related to the safety of our children. Cyberbullying, trolling, flaming and grooming and other forms of abuse can and do put our children at risk.

At OBS, all secondary students and parents sign an ICT code of conduct. This outlines our expectations in the use of technology and the internet. It is critical, for the safety and wellbeing of all children and adults, every individual adheres to this. We also ensure that websites are filtered and restrictions apply to social media such as facebook. However, like parents, with the growing use of smart phones and other devices this can be at times difficult to monitor. What is essential is that our children learn to use technology and the internet in a safe and responsible manner. In the article below, Miss Corcoran outlines what we have recently done as a school to support e-safety.

E-SAFETY THROUGH THE CURRICULUM

Over the last number of years, E-Safety has been much in the news. Along with the many advantages of mobile technology and social media, less attractive aspects such as cyberbullying, trolling, flaming and grooming have challenged the accepted norms of communication. This term in the Secondary school, we dedicated time in assemblies, tutorials, during Computing and other lessons to explore, discuss and consider how these issues affect our lives. Discussions among IBDP and IGCSE students focussed on some of the ethical considerations associated with e-safety, in particular using smart phones and other electronic devices...
to distribute photographs, whether on Snapchat, Instagram or other means. Students considered how sometimes a moral panic can be created around a high profile news story. One instance discussed was an American teenager who was prosecuted for having pictures of himself naked on his phone (1); another instance Form 9 discussed earlier in the year regarded a teenage boy who was added to the sex offenders’ register for sending inappropriate photographs of his body to another teenager (2). Our students showed sensitivity during discussions and often responded with a maturity which exceeded our expectations.

Students in Forms 6 to 8 considered varied aspects of safety online with a focus on the emotions students connect with mobile technology use. They benefitted from a cohesive unit in their Computing lessons alongside tutorial and PSHE sessions which included discussing scenarios and videos (see clips below). Considering the volume of texts and posts teenagers receive and send daily, it is important to look at the impact of this on their day to day emotional patterns. Some research suggests that teenagers spend between 6-8 hours every day using mobile technology (3); it is crucial that they learn early to use this time in an emotionally honest manner.

Our own research found that of the 128 students who responded to the questionnaire, 29% have been cyberbullied and 27% have cyberbullied. Of those who have been bullied, 69% know their bully in real life. These findings suggest that e-safety is a something that our community of students, parents and teachers must discuss and monitor, ensuring as far as possible that our students understand the ethical and emotional issues related to mobile and social media use.

Ailish Corcoran

References:


For more information on the issues, including online security, please watch:
Staying safe on screen (from Toshiba): https://www.youtube.com/watch?v=hqezbib5gpQ
Photographs & Consequences: one girl’s story https://www.youtube.com/watch?v=IEDTWpNUOOE
This article also explores the emotional side of social media use:
Social Media and Emotional Intelligence: http://www.amplify.com/viewpoints/chat-daniel-goleman-author-emotional-intelligence

If you would like to discuss what more you can do at home to encourage your child to be safe on the internet please contact: rita.quintas@obs.edu.pt or ailish.corcoran@obs.edu.pt.

SECONDARY TERM TWO: KEY DATES

<table>
<thead>
<tr>
<th>Term 2b</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current attainment grade, effort grade report for 10, 12 (10&amp;12 include IA progress)</td>
<td>Tues 23rd Feb - new date</td>
</tr>
<tr>
<td>Full written report for 11</td>
<td>Wed 17th Feb</td>
</tr>
<tr>
<td>Academic Review Day 2</td>
<td>Wed 17th February</td>
</tr>
<tr>
<td>Current attainment grade, effort grade report for 6, 7, 8, 9, 11 (current target grade for exam years only)</td>
<td>Tues 15th March</td>
</tr>
<tr>
<td>CIS visit</td>
<td>14-18th March</td>
</tr>
</tbody>
</table>
TRIPS AND EVENTS

<table>
<thead>
<tr>
<th>Term Two</th>
<th>Form</th>
<th>Venue</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group IV Project</td>
<td>11</td>
<td>Internal</td>
<td>Feb 17th and Feb 18th</td>
</tr>
<tr>
<td>Group IV Presentation</td>
<td>11</td>
<td>Internal</td>
<td>Feb 26th pm only</td>
</tr>
<tr>
<td>MUN CLIP</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>National Cross Country</td>
<td>4,5/6,7/8,9</td>
<td>VIS</td>
<td>Feb 28th</td>
</tr>
<tr>
<td>Varsity Festival GBB BFB</td>
<td>10,11,12</td>
<td>CLIP / ST JUL</td>
<td>Thu 3 Mar to Sat 5 Mar</td>
</tr>
<tr>
<td>Porto Schools Football One</td>
<td>5,6,7</td>
<td>Rosario</td>
<td>Mar 12th - 13th</td>
</tr>
<tr>
<td>DoE Qualifying Expedition</td>
<td>9</td>
<td>External</td>
<td>Mar 15th</td>
</tr>
<tr>
<td>World Poetry Day</td>
<td></td>
<td>Internal</td>
<td></td>
</tr>
<tr>
<td>IB Art Exhibition</td>
<td>12</td>
<td>Internal</td>
<td>Mar</td>
</tr>
<tr>
<td>CAS trip</td>
<td>11</td>
<td>External</td>
<td>1-9th April</td>
</tr>
</tbody>
</table>

SCHOOL LUNCHES - THIS WEEK´S MENU


OPORTO BRITISH SCHOOL

6ª SEMANA  SIXTH WEEK

segunda-feira  Monday
Sopa  Feijão Verde  Green Bean soup
Peixe  Salada Quente de Atum com Ovo e Macedonia  Warm tuna & egg salad - Macedonian style
Carne  Croquetes de Carne  Meat Croquettes
Vegetariana  Batata com Queijo em Papelote  Stuffed potatoes with cheese
Guarnição  Batata / Arroz de Envilhas  Boiled Potatoes / Peas rice

terça-feira  Tuesday
Sopa  Macedônia  Macedonian soup
Peixe Filetes de Pescado no Forno  Fish Fingers/ Shapes
Carne  Cachorrão  Hot Dogs
Vegetariana  Tarte de Cebola e Alho Francês  Onion & Leek Omelette
Guarnição  Arroz de Tomate / Batata Frita  Tomato rice / Fried Potatoes

quarta-feira  Wednesday
Sopa  Lombardo  Cabbage Soup
Peixe  Filetes de Solha  Sole
Carne  Penne c/cubos de peru, molho branco e legumes  Pasta with turkey and vegetables
Vegetariana  Quiche de Espinafres  Spinach quiche
Guarnição  Penne / arroz  Rice / Mash

quinta-feira  Thursday
Sopa  Creme Ervilha  Cream of Pea Soup
Peixe  Pescada Assada no Forno  Oven baked Whiting
Carne  Feijada à Portuguesa  Feijada à portuguesa (a traditional Portuguese dish with beans)
Vegetariana  Parrilhada de Legumes com Cogumelos  Vegetables with mushrooms
Guarnição  Batata Salteada / Arroz  Roast Potatoes / spaghetti

sexta-feira  Friday
Sopa  Camponesa  Vegetable Soup
Peixe  Bacalhau com Natas  Codfish with potatoes, eggs and onion
Carne  Frango Assado  Roast Chicken
Vegetariana  Tomate Recheado com Queijo Fresco e Nozes  Stuffed tomatoes with fresh cheese & nuts
Guarnição  Batata / Arroz  Boiled potatoes / rice

Nota: Buffet de Saladas Variadas ao dispor para todos os pratos  Note: A variety of salad is available with each meal