

Skiing

This activity must not be offered with snowboarding.

Assessment requirements

- The assessment criteria for skiing incorporate the slope/piste difficulty ratings used in Europe. These classifications should be used by all candidates even if the classification is different in the home country.
- Assessment must take place on outdoor natural pistes and **not** snow domes or artificial surfaces.

Assessment conditions

The range of skills that need to be assessed will depend on the ability of the candidate.

- Level 2 and below may need to demonstrate skills in isolation or on a Green piste.
- Level 3 may need to demonstrate skills on a Blue piste.
- Level 4 and above must demonstrate skills on a Red piste.

Evidence

- Filmed evidence should only include the evidence required to demonstrate the awarded mark. This will result in different evidence for different levels of candidate.
- Candidates should be filmed demonstrating isolated skills and continuous linked skills on downhill runs.
- It is important that the candidate and the difficulty of the piste can be seen. Filming from the bottom of the slope with a zoom lens may provide the best view. Centres may use a head cam or similar worn by another skier behind the candidate being filmed.

Identification

Candidates must be identified using numbered or lettered bibs (front and back) with identifiers written on the order of merit form. See section 4.2.4 in this booklet on candidate identification.

Level of demand

This is set by the difficulty of the slope and the difficulty of the demonstrated skills.

Assessed skills

In skiing, the mark is determined by the performance of individual skills. It can also be determined by the ability of candidates to ski on unprepared pistes.

Skills and techniques

Body position and use of poles
Basic turns
Linking turns
Weighting and unweighting skis
Use of edges
Stem turns, traversing and side slipping
Skidding to halt

Advanced skills

Linking turns at speed
Use of carved turns
Skiing on more difficult terrain (unprepared pistes/moguls)

Marks should be entered on the *Generic Order of Merit Form*, which is available from www.cie.org.uk/samples

Safety

Skiing is considered to be an activity which presents higher risks. Supervising staff must have the necessary expertise to ensure that this activity is carried out safely. Candidates must have appropriate ability and experience in order to be safe and confident. Candidates must **not** attempt skiing conditions or piste difficulties that are beyond their ability.

Read the performance description and the activity-specific skills below. Apply these as a whole when marking.

Level	Marks	Performance description for all physical activities	Skiing skills
Level 6	23–25	<p>Candidates demonstrate:</p> <ul style="list-style-type: none"> • exceptional performance • performance that significantly exceeds description for Level 5. 	<p>Candidates should only be awarded a mark in this level if they have exceeded all the criteria from Level 5.</p>
Level 5	19–22	<p>Candidates demonstrate:</p> <ul style="list-style-type: none"> • performance that is effective, as appropriate to the activity • a good ability to select and apply the most appropriate skills • performance that usually produces intended results/accuracy. 	<p>a very good level of technique, accuracy and consistency in performing skills</p> <p>Techniques demonstrated will include:</p> <ul style="list-style-type: none"> • effective body position between and during turns on both sides with weight distributed appropriately and correct use of edges • ability to link carved turns at speed on a Red piste with maintenance of balance and control; body position is correct • ability to ski with balance and correct body position on an unprepared piste • ability to stop safely and quickly from full speed when required.
Level 4	15–18	<p>Candidates demonstrate:</p> <ul style="list-style-type: none"> • performance that is usually effective, as appropriate to the activity • an ability to perform and to apply a range of appropriate skills • performance that usually produces intended results/accuracy depending on level of demand. 	<p>a good level of technique, accuracy and consistency in performing skills.</p> <p>Techniques demonstrated will include:</p> <ul style="list-style-type: none"> • effective body position between turns and on some turns with weight distributed appropriately • ability to link turns at speed on a Red piste with maintenance of balance and control; examples of parallel (skidded) turns and some examples of carved turns • traversing will demonstrate good body and ski position • body position will be correct and face the downhill on most occasions; poles will be held correctly; on more difficult terrain body position and fluency will deteriorate • skis will be weighted and unweighted correctly on turns and edges transferred quickly • ability to stop safely from speed when required.
Level 3	11–14	<p>Candidates demonstrate:</p> <ul style="list-style-type: none"> • performance that is sometimes effective, as appropriate to the activity • an ability to perform skills that are sometimes appropriate • performance that sometimes produces intended results/accuracy. 	<p>a sound level of technique and accuracy in performing skills</p> <p>Techniques demonstrated will include:</p> <ul style="list-style-type: none"> • body position will be sat back and body will always face direction of travel; poles will be held correctly • ability to link turns on a Blue piste with balance and control; turns will be stem and inside ski may be lifted; transfer of weight and change of edge will be evident • ski position on traverses will be correct • side slipping will show good edge control • ability to stop by skidding skis across direction of travel.

Level	Marks	Performance description for all physical activities	Skiing skills
Level 2	6–10	Candidates demonstrate: <ul style="list-style-type: none"> • performance that is inconsistent and is only occasionally effective • a limited ability to perform basic skills with a low level of demand • performance that occasionally produces intended results/accuracy. 	<p>a basic level of technique in some situations</p> <p>Techniques demonstrated will include:</p> <ul style="list-style-type: none"> • body position will be sat back and body will always face direction of travel; poles will be held incorrectly • ability to perform basic snowplough turns on a Green piste in isolation with balance and control; turns can be linked together with skis brought to parallel on the traverse • ability to step sideways up a slope • ability while retaining skis to get to feet from prone • ability to stop safely using snow plough facing downhill and using snow plough to turn across the slope to a stop.
Level 1	1–5	Candidates demonstrate: <ul style="list-style-type: none"> • performance that is ineffective. 	<p>limited ability and technique</p> <p>Candidates who are awarded marks in this level are below the expected standard for IGCSE. They will be working below the basic standard in Level 2. They will not be able to participate effectively in a reduced version of the activity.</p>

Snowboarding

This activity must not be offered with skiing.

Assessment requirements

- The assessment criteria for snowboarding incorporate the slope/piste difficulty ratings used in Europe. These classifications should be used by all candidates even if the classification is different in the home country.
- Assessment must take place on outdoor natural pistes and **not** snow domes or artificial surfaces.

Assessment conditions

The range of skills that need to be assessed will depend on the ability of the candidate.

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Evidence

- Filmed evidence should only include the evidence required to demonstrate the awarded mark. This will result in different evidence for different levels of candidate.
- Candidates should be filmed demonstrating isolated skills and continuous linked skills on downhill runs.
- It is important that the candidate and the difficulty of the piste can be seen. Filming from the bottom of the slope with a zoom lens may provide the best view. Centres may use a head cam or similar worn by another snowboarder behind the candidate being filmed.

Identification

Candidates must be identified using numbered or lettered bibs (front and back) with identifiers written on the order of merit form. See section 4.2.4 in this booklet on candidate identification.

Level of demand

This is set by the difficulty of the slope and difficulty of the demonstrated skills.

Assessed skills

In snowboarding, the mark is determined by the performance of individual skills. It can also be determined by the ability of candidates to snowboard on unprepared pistes and in snow parks.

Skills and techniques

Falling leaf technique: feathering on heel edge to move across and down slopes

Stopping on toe and heel edge

Basic regular 'S' turns: on heel edge and toe edge

Linking turns (fakie, switch or carved)

Advanced skills

Linking turns at speed

Snowboarding on terrain of increasing difficulty

'Trick' skills to include railing and jumping off kickers

Marks should be entered on the *Generic Order of Merit Form*, which is available from www.cie.org.uk/samples

Safety

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Read the performance description and the activity-specific skills below. Apply these as a whole when marking.

Level	Marks	Performance description for all physical activities	Snowboarding skills
Level 6	23–25	<p>Candidates demonstrate:</p> <ul style="list-style-type: none"> • exceptional performance • performance that significantly exceeds description for Level 5. 	<p>Candidates should only be awarded a mark in this level if they have exceeded all the criteria from Level 5.</p>
Level 5	19–22	<p>Candidates demonstrate:</p> <ul style="list-style-type: none"> • performance that is effective, as appropriate to the activity • a good ability to select and apply the most appropriate skills • performance that usually produces intended results/accuracy. 	<p>a very good level of technique, accuracy and consistency in performing skills</p> <p>Techniques demonstrated will include:</p> <ul style="list-style-type: none"> • ability to link 'S' turns at speed on a Red piste with maintenance of balance and control; turns will be very short • effective body position between and during turns on both sides with weight distributed appropriately • ability to snowboard with balance and correct body position on an unprepared piste • ability to demonstrate simple tricks in a snow park to include jumps, half turns and railing • ability to stop safely and quickly from full speed when required on the toe or heel edge as appropriate.
Level 4	15–18	<p>Candidates demonstrate:</p> <ul style="list-style-type: none"> • performance that is usually effective, as appropriate to the activity • an ability to perform and to apply a range of appropriate skills • performance that usually produces intended results/accuracy depending on level of demand. 	<p>a good level of technique, accuracy and consistency in performing skills</p> <p>Techniques demonstrated will include:</p> <ul style="list-style-type: none"> • ability to link 'S' turns at speed on a Red piste with maintenance of balance and control; some evidence of carved turns • effective body position between turns and on some turns with weight distributed appropriately • ability to demonstrate simple jumps in a snow park • ability to stop safely from speed when required on the toe or heel edge with control and balance.

Level	Marks	Performance description for all physical activities	Snowboarding skills
Level 3	11–14	Candidates demonstrate: <ul style="list-style-type: none"> • performance that is sometimes effective, as appropriate to the activity • an ability to perform skills that are sometimes appropriate • performance that sometimes produces intended results/accuracy. 	<p>a sound level of technique and accuracy in performing skills</p> <p>Techniques demonstrated will include:</p> <ul style="list-style-type: none"> • ability to link 'S' turns on a Blue piste with maintenance of balance and control • effective body position between turns with weight distributed appropriately • ability to use falling leaf as a mechanism to control speed and maintain control • ability to stop effectively when required on the toe or heel edge as appropriate.
Level 2	6–10	Candidates demonstrate: <ul style="list-style-type: none"> • performance that is inconsistent and is only occasionally effective • a limited ability to perform basic skills with a low level of demand • performance that occasionally produces intended results/accuracy. 	<p>a basic level of technique</p> <p>Techniques demonstrated will include:</p> <ul style="list-style-type: none"> • ability to perform basic turns in isolation on a Green piste with balance and control; some turns can be linked together but without balance and control • changing direction is usually staying on the heel edge and switching • effective body position on a Green piste with wide turns possible • ability to use falling leaf as a mechanism to control speed and maintain control • ability to stop safely; stopping on heel edge may be markedly better than the toe edge.
Level 1	1–5	Candidates demonstrate: <ul style="list-style-type: none"> • performance that is ineffective. 	<p>limited ability and technique</p> <p>Candidates who are awarded marks in this level are below the expected standard for IGCSE. They will be working below the basic standard in Level 2. They will not be able to participate effectively in a reduced version of the activity.</p>